



## Myocarditis Knowledge Test for Nurses

Myocarditis Nurse Education Post Test. Page 1 of 2

Print Nurse's Name: \_\_\_\_\_ Date: \_\_\_\_\_

State: \_\_\_\_\_ Area of work: \_\_\_\_\_

Please circle the **BEST** answer to each question:

1. Myocarditis is a disease of
  - a. Heart Muscle
  - b. The heart's electrical system
  - c. The vascular system of the heart
  - d. a, b, and c
2. Girls are more frequently affected than boys at puberty and through their teenage years.
  - a. True
  - b. False
3. Myocarditis frequently affects otherwise healthy children and young adults.
  - a. True
  - b. False
4. Some causes of Myocarditis can be:
  - a. Parasite
  - b. Chemicals
  - c. Viruses
  - d. Drugs

a&c a,b,d a,b,c,d
5. Symptoms of Myocarditis can include
  - a. Chest Pain
  - b. Rapid Heart Rate
  - c. Cough
  - d. Nausea and Vomiting
  - e. Fever
  - f. Weakness
  - g. Heaviness of legs & difficulty walking

a,c,e a,b,c b,d,e a,b,c,d,e,f
6. Myocarditis often mimics common viral disease
  - a. True
  - b. False
7. Viral Myocarditis can ONLY be diagnosed by Cardiac Biopsy.
  - a. True
  - b. False
8. There is no specific diagnostic tool to diagnose Myocarditis.
  - a. True
  - b. False
9. Many cases of Myocarditis are subclinical and often go undiagnosed.
  - a. True
  - b. False
10. An elevated BNP in a child or an adult without a history of heart failure, can be a Red Flag for Myocarditis.
  - a. True
  - b. False
11. Many times a patient is examined two or more times before being correctly diagnosed with Myocarditis.
  - a. True
  - b. False
12. The earlier Myocarditis is diagnosed the better the patient outcome.
  - a. True
  - b. False



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13. Myocarditis accounts for up to \_\_\_\_\_% Sudden Death in the U.S.?  
a. 2% b. 10% c. 20 % d. 51 %
14. Myocarditis is the \_\_\_\_\_ leading cause of death world-wide.  
a. 10<sup>th</sup> b. 20<sup>th</sup> c. 32<sup>nd</sup> d. 51<sup>st</sup>
15. In 2016 there were \_\_\_\_\_ cases of Myocarditis diagnosed world-wide.  
a. 200,000 b. 500,000  
c. 1.1 million d. 2.2 million
16. Giant Cell Myocarditis (GCM) is the Deadliest form of Myocarditis.  
a. True b. False
17. Cardiomyopathy & Heart Failure can be long term side effects of Myocarditis.  
a. True b. False
18. Myocarditis accounts for \_\_\_\_\_% of Heart Transplants in the U.S.  
a. 1% b. 10% c. 25% d. 45%
19. When diagnosed with Viral Myocarditis, How many months of rest is recommended before resumption of Competitive Sports/Exercise?  
a. 2 months b. no less than 3-6 months  
c. 6-12 months d. once the person is felling better
20. Cardiac MRI is the best test to diagnose Myocarditis, but even at best it is still only 80% correct.  
a. True b. False
21. Hearing a Gallop Rhythm on auscultation of the heart, can be a sign of Myocarditis.  
a. True b. False
22. If Myocarditis is suspected, immediate referral to a cardiologist is highly recommended  
a. True b. False
23. When a person presents with Nausea & Vomiting, and palpation of the abdomen confirms an enlarged liver, the Clinician should look for Myocarditis.  
a. True b. False
24. It is important to look at the heart size when looking at lung fields in a person diagnosed with pneumonia.  
a. True b. False
25. Subclinical Myocarditis can progress to Dilated Cardiomyopathy and Chronic Heart Failure.  
a. True b. False

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